

## Ottawa Power and Sail Squadron Rideau Ripples





## From the Commander's Helm Station:



This will be my first article for the Ripples as your commander. I would like to thank now past commander Robin Craig for his efforts in successfully guiding the squadron these last two years and I look forward to the challenge of following in his footsteps. We face challenging times with maintaining membership levels and redeveloping our courses to meet the needs of today's recreational boating community.

On course redevelopment, we are starting to see success with our new online assisted courses. Though anecdotal the feedback from students on this delivery model has been very positive. We will continue to develop this model with more of our courses and hopefully this will lead to increased student registration and a decrease of our dependence on the classroom and the associated costs that go with using this venue.

We have also restructured and updated our course pricing to be consistent with the new delivery models.

On the membership front we would ideally like to increase numbers not just maintain the status quo and certainly not lose members. To do this we need to have a viable and easily communicated answer to the basic question, "Why should I join CPS-ECP?" and we need to get our boating safety message out to new boaters so they may have an enjoyable boating experience. We must communicate to the membership our progress on improving our product/courses and constantly remind them of the value of belonging to this organization. We also need to find ways to get membership more involved in our social events.

The Britannia-Rideau Squadron voted to merge with the Ottawa Squadron at their AGM this past April and will now go through the process of surrendering their warrant. As Commander of the Ottawa Squadron, I would like to welcome those members from Britannia-Rideau that choose to join our squadron.

Our annual picnic is June 19<sup>th</sup> at the RCMP Campgrounds and I would like to invite Britannia-Rideau members to join us, as well, I hope to see many of our members there. It will be an enjoyable evening with plenty of food and an auction so you can take away something useful for your boat or boating knowledge.

Finally, I wish everyone an enjoyable and safe boating season this summer and at the end of it please consider taking one of our courses to further enhance your boating safety knowledge and hence your boating experience.

Court Harkness JN
Ottawa Squadron Commander

## <u>The 2017 – 2018 Executive Committee</u>

Squadron Commander Immediate Past Commander **Executive Officer** Financial Officer **Educational Officer** Membership Secretary Communications Officer Public Relation / Marketing A/ Public Relation / Marketing Regalia/Mailing Officer Rideau Ripples Editor RVCC / Safety Officer Social Affairs (Committee Chair) A/ Social Affair Webmaster 

Court Harkness, JN Robin Craig, CN Tom Beaver, S William Moyle, JN Axel Obenauf, JN Terry Hamilton, JN Robert Dandurand, P Frank Keating, AP Bruce SD Harris, JN Donald Partridge, AP Marjorie Ladouceur Guy A. Ladouceur Bruce SD Harris, JN Guy A. Ladouceur Chantal Ladouceur Robin Craig, CN

Squadron Financial Review

Michael Crawford

## **Squadron Mailing Address**

Ottawa Power and Sail Squadron P.O. Box 8481. Terminal 'T' Ottawa. ON K1G 3H9

> **Cdr Court Harkness** (613) 825-2150

## **Squadron Events Calendar**

• June 19, 2017 - Annual Squadron Picnic - See information included in this newsletter

HAVE A WONDERFUL SEASON OF SAFE BOATING

## ARTICLES FOR THE NEXT RIDEAU RIPPLES NEWSLETTER DUE BY AUGUST 15, 2017

- September 07, 2017 Executive Committee Meeting -Verona Pizza House 1682 Cyrville Rd. - Informal dinner at 1800 hrs, meeting starts at 1900 hrs. All are welcomed to
- October 05, 2017 Executive Committee Meeting Verona Pizza House 1682 Cyrville Rd. - Informal dinner at 1800 hrs, meeting starts at 1900 hrs. All are welcomed to attend.
- November 02, 2017 Executive Committee Meeting -Verona Pizza House 1682 Cyrville Rd. - Informal dinner at 1800 hrs, meeting starts at 1900 hrs. All are welcomed to attend.
- December 07, 2017 Christmas Dinner with Santa & Mrs Claus & Short Executive Committee Meeting – Verona Pizza House 1682 Cyrville Rd. - Informal dinner at 1800 hrs, meeting starts at 1900 hrs. All are welcomed to attend and sit on Santa's knee!



Register Now!

Please check the website for updates and latest information: http://cps-ottawa.com/events.html

> Guy A. Ladouceur (613) 824-9490 Social Activities (Committee Chair)

You have any ideas or a topic for an Information Night, please drop me an e-mail social@cps-ottawa.com and we can work together to make it happen!

## REGISTER!

Monday – June 19th, 2017

**Annual Squadron Picnic & Graduation** 

Send an e-mail to social@cps-ottawa.com

## From the desk of the Education Officer

I've been told, by a higher authority, to write something for this newsletter. Well, here goes.

This year has gone by quickly and not without its challenges. The format for our courses is changing. Less classroom time, more on-line availability using Go To Meeting, a web based meeting platform. Given that students from across the country were taking this course, meant that the on-line portion of the course had to be offset due to time zone differences. Two sets of instructor/tutors were required as well as local proctors to help out and administer exams. From the results tabulated, all were successful. Thanks to all the instructor/tutors/proctors and of course the students.

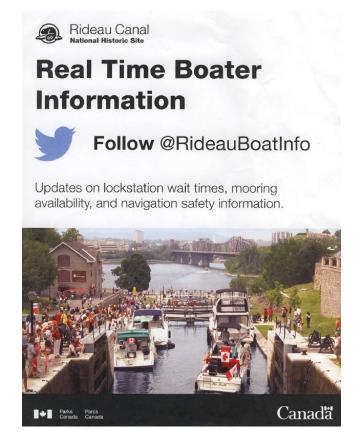
Upcoming courses have not been finalized as yet but rest assured, within the next month or so, all will be posted on the Squadron website as well as boatingcourses.ca.

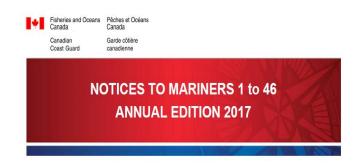
We plan on a one day Maritime Radio Course, if there is sufficient interest. Drop me a line at <a href="mailto:educationofficer@cps-ottawa.com">educationofficer@cps-ottawa.com</a> if you are interested.

In conclusion, thanks go out to all the students, instructors/tutors and proctors for helping make this another successful year.

Stay Safe and have a Good Summer.

Axel Obenauf JN Squadron Education Officer







**CANADIAN COAST GUARD** 

www.notmar.gc.ca

## From the Membership Desk,



This is my first article for the Ripples as your new Membership Officer. I will try very hard to continue the great work of my predecessor Guy.

Our membership numbers are fluctuating just under the 300 current members mark. Please make my day, Renew NOW! You can renew before you are notified by our National Office either by e-mail or Canada Post. If you have any questions, please feel free to contact me by e-mail (membership@cpsottawa.ca) or telephone (613-824-1362). To renew, here four (4) easy ways to do it:

**Method 1** - Go to the CPS Website www.cpsboat.ca – Quick Membership Renewal (No Login required) Your Member Number, Last Name and Postal Code are required to access the electronic invoice and credit card information.

*Method 2* - Call me (613) 824-1362 - Have your Member Number, Last Name and Postal Code and have your credit card ready. If you cannot find your membership, do not worry, I have it!

*Method 3* - Call CPS HQ 1-866-277-2628 ext. 0159 - Have your Member Number or First/Last Name and have your credit card ready.

*Method 4* - Mail a cheque as soon as you get your digital/printed renewal to Canadian Power and Sail Squadrons, 26 Golden Gate Court, Toronto ON M1P 3A5!

CPS-ECP is in the process of hiring a new web provider, with the intention of rolling out the new system by October. It would be great if all our present and future members would sign on to the member side of the present WBAS system and update all member profile information so that when the new system comes out CPS-ECP can input up to date information. Here is the link that will enable you to activate your member password if you do not already have one, <a href="https://www.cps-ecp.ca/members/members.asp?WCE=C=34|K=67~0">https://www.cps-ecp.ca/members/members.asp?WCE=C=34|K=67~0</a>. Once you have the password you can log on to the member profile update site at <a href="https://www.cps-ecp.ca/online/online.asp?WCE=C=Wizard|K=130~0">https://www.cps-ecp.ca/online/online.asp?WCE=C=Wizard|K=130~0</a>.

With having your password to access the member site you have the ability to get member pricing for everything on line, and makes the renewal process very easy.

I hope everyone has a great summer and please do not hesitate to contact me for any questions regarding membership.

Terry Hamilton, JN Membership Officer



# 2017 Merit Mark Certificates

At our last Squadron Annual General Meeting, I was fortunate to present the 2017 Merit Mark Certificates. Each Member who donates/volunteers 20 hours a year is awarded 1 Merit Mark.

No one gets paid for volunteering with CPS-ECP including the Chief Commander and everyone down the ladder.

The Ottawa Squadron is very fortunate to have such willing volunteers who donate of themselves selflessly for the enjoyment of everyone in boating. Thirty-one (31) members contributed 5,321 hours. The following members were awarded Merit Mark Certificates and the numbers of years:

Baets, Nick	23	Harris, Bruce SD	02	Moyle, William R	06
Bilous, Walter	24	Harris, Philip S	12	Nantel, Rolland	18
Carroll, Bryan A	15	Highstead, Steven	14	Obenauf, Axel	07
Craig, Karen	01	Johnstone, Cathie	32	Omond, Dave F	33
Craig, Robin	12	Keating, Frank	27	Partridge, Donald	80
Dalton, Peter	07	Kendall, Kenneth	02	Pelland, Monique	15
Friesen, Christopher	05	Ladouceur, Chantal	05	Richards, Nancy	80
Guillemette, Nelson	13	Ladouceur, Guy A	12	Tanner, Don C	18
Hamilton, Linda	34	Ladouceur, Marjorie	12	Weisbrod, Paul	36
Hamilton, Terry	24	Macleod, James	28		
Harkness, Court	06	Morgan, Robert B	27		

Many of these Officers also volunteer at the District and National Level.

Guy A. Ladouceur (District Commander)

## Nominations For The CPS-ECP National Volunteer Awards

Mar 22, 2017 - The Canadian Yachting Magazine



Worthy CPS-ECP volunteers have worked over the last year to advance the mandate and mission of CPS-ECP and contributed to making sure that more and more boaters on our waterways have the knowledge they need to ensure this year's boating season is a safer one.

Please consider recognizing a fellow CPS-ECP member(s) for her/his contributions by nominating her/him for one or more of the CPS-ECP National Volunteer Awards. Many of our volunteers deserve that consideration.

There is no limit to the number of nominations one can submit. Information about the awards, past recipients, and the nomination forms can be found on the CPS-ECP website, click on the following Members Moorings, Volunteer Awards section. Provide the facts supporting your proposal. Be complete but be concise.

Nominations must be submitted to CPS-ECP National Office by regular mail, fax or email no later than end of day May 31, 2017.

Email:hqg@cps-ecp.ca Fax: 416-293-2445

Mail: National Volunteers Awards, 26 Golden Gate Court, Toronto, On, M1P 3A5

Cathie Johnstone

National Executive Officer

# Volunteer Opportunity

## **Squadron Financial Officer**

### **POSITION DESCRIPTION**

The Financial Officer (FO) plays a major role in the Squadron. He/She can expect to receive assistance and advice from the Commander and XO.

Function: The FO has the major responsibility for the financial affairs of the Squadron. He/She is directly involved in the day-to-day financial and accounting operations of the Squadron.

The Financial Officer's duties include:

- 1) Ensuring that the Squadron has sufficient funds to support current and future activities.
- 2) Managing financial risk.
- 3) Collecting all monies due and payable to the Squadron or received for Squadron activities and maintaining a bank account.
- 4) Paying all bills approved by the Executive Committee and the Commander; preserving all proper vouchers for such expenditures.
- 5) Keeping a true record of all monies received, using the CPS Web-based Administration System (WBAS) to access and provide financial information to HQ (training will be provided) and maintaining a liaison with the financial department at HQ.
- 6) Preparing and submitting a budget of all anticipated income and expenditures at the first meeting of the budget year.
- 7) Making a financial report at each Squadron meeting, at the Squadron AGM and at other times, as required
- 8) Preparing and coordinating with the Internal Audit Review Committee the Squadron's annual audit in time for the AGM.

As an elected member of the Executive Committee, you would also be expected to attend approximately one evening meeting a month, which is normally scheduled on the first Thursday of each month (traditionally, there is no meeting in July or August). It is estimated that a commitment of approximately 2-3 hours a week is sufficient to accomplish the duties described above.

If this is for you and would like to volunteer, please contact <u>P/Cdr Robin Craig</u> or <u>P/Cdr Terry Hamilton</u> as soon as possible by e-mail.



## Vision, Mission and Values

#### Vision – what we are

"A committed community of experienced boaters inspiring others to adopt a safe boating attitude through education and training"

#### Mission – what we do to achieve our vision

- We teach safe boating practices and proper navigational techniques
- We promote the cause of boating safety by creating a safe boating ethic
- We advance the cause of boating safety in cooperation with other agencies and organizations
- We keep our Member and Volunteer community strong through ongoing social interaction and enjoyment

## Values – what keeps us strong

#### Safety:

- Boating safety is of prime importance
- We encourage the boating experience as a safe and enjoyable recreation

#### **Education:**

- Our CPS-ECP Boating Courses are of high quality and provide good value
- We are leaders in safe boating education
- We embrace changes in boating education and practices

## **Community:**

- We depend on volunteers of all ages, levels of experience and skill
- We enjoy our interactions with our fellow volunteers and members

## **Environment:**

We believe in boating in an environmentally responsible manner

## From the Playroom of the Social Affairs

Spring is here and everyone is eager to get on the water! The shrink-wrap has now been replaced by a coat of wax. Santa may have left some new gadgets to install after reading the Instruction Manual. Hopefully we are in for a great summer of safe boating!

Your Squadron is beginning its 66<sup>th</sup> years serving you and the boaters in Eastern Ontario. Many of you remember the Rendez-vous, Triangle Cruises, Rafting Up of years past and many very well attended social gathering! How do we bring back those days or do we create new memories?

Yes, we have our Annual Squadron Dinner in March and Annual Picnic in June but what do we do the rest of the year. Is that enough? Our numbers of attendees are dropping but the planning of those events remains the same whether we have 20-50 or 150 people attend!

This is my first article has your Social Affairs Chair but as I have said in the past "This is not my first rodeo?" and it will not be a one-person show (being politically correct). You as a member will need to help! Throwing ideas at your Squadron Executive Committee does not get things rolling. Most of us have other duties at all levels of this organization and not always able to plan an event alone.

You have an idea for a presentation, fun day, lecture on any marine or general interest, cruise, summer of living aboard, community involvement, etc. I would ask you to research your idea, share it with your boating friends and if you feel that it would be something the membership would interested in attending, please send me your idea and we will work with you to make it happen.

Let's work together to motive the membership to attend more events and let's have fun!

Have a safe boating summer and fly your CPS-ECP Flag and OPSS Burgee proudly,

Guy A. Ladouceur Social Affairs Chair

## Get great info on.....

## Lifejackets and personal flotation devices (PFDs)

From Transport Canada

You are required by law to have a lifejacket or PFD (Personal Flotation Device) on board for each person on a watercraft. This includes <u>human-powered craft</u>.



## **CPS-ECP**



## Ottawa Power and Sail Squadron

\*\*\*\*\* NEWS FLASH \*\*\*\*\*

## invites you to the







## **RCMP CAMPGROUND**

## for the

Annual Picnic and Graduation

Monday June 19, 2019 @ 1700 Hours

This event is the largest event of the year; burgers, sausages, salads, soft drinks, etc are free for members and their families.

Bring your own deck/lawn chair. The facility has washrooms and indoor space to protect us should there be liquid sunshine!

## REGISTER NOW at social@cps-ottawa.com

**CPS-ECP & Squadron Regalia boating attire will be available for purchase.** 

Please bring donations of nautical items for the auction.

**MAP** 

Off River Rd approx. 10km south of Hunt Club Rd-Turn (right), west on Nicholls Island Road towards Long Island Lock Station, turn right before you get to the locks and FOLLOW THE SIGNS

From Mitch Owens Road, take River Rd approx. 5 km north, turn west (left) on Nicholls Island Road towards Long Island Lock Station, turn right before you get to the locks and FOLLOW THE SIGNS

JOIN YOUR BOATING FRIENDS FOR A GREAT TIME!

## Do you have expired flares?



You can't light them, throw them in the water or in your household garbage

# Ottawa/Britannia-Rideau Power and Sail Squadrons

and

## **The Chandlery**

are hosting a

## **Safety Equipment Education and Flare Disposal Days**

Learn about required safety equipment, the care and maintenance of that equipment and how to safely and effectively use flares when needed.

DATE: May 26, 27, 2017

PLACE: The Chandlery

367 Poulin Ave, Ottawa, ON K2B 5V2 www.thechandleryonline.com

TIME: May 26, 9:30 AM - 8:00 PM; May 27, 9:30 AM - 4:30 PM

In accordance with Transport Canada requirements, flares are approved for four years from the date of manufacture. Typically, this means that you need to replace your flares every third or fourth boating season and dispose of the old ones. If they have expired or will expire during the boating season, you must replace them... it's the law! For more info, email us at membership@cps-ottawa.com.





Transport Canada Transports Canada



# Your Member's Benefits



CPS-ECP has partnered with Cowan Insurance Group to provide insurance products for its members. Cowan's comprehensive coverage and discounts are available exclusively to you as a CPS-ECP member.

Boat Insurance - Save up to 25% on insurance premiums Group Home and Auto - Save up to 25% when you combine both your home and auto insurance premiums.

Cowan Insurance is also the proud sponsor of the CPS-ECP Volunteer of the Year Award.

https://www.cowangroup.ca/



English speaking Members have the benefit of receiving 6 issues annually of Canadian Yachting magazine at no additional cost. In four of those issues, members also receive their copy of the CPS-ECP member magazine, the Port Hole.

Canadian Yachting magazine produces the new and informative CPS-ECP Onboard newsletter that members receive twice per month FREE of charge.

#### www.canadianyachting.ca MAGAZINE

French speaking members Recevez le magazine <u>L'escale nautique</u>
Recevez *Le Guide du tourisme Nautique* 



L'Escale Nautique is an independent publication that has been serving the boating market since 1995.

L'Escale Nautique is distributed to French-speaking members of the Canadian Power and Sail Squadrons.

The Guide to Nautical Tourism is a navigational guide published every year since 1997. It is currently the most documented navigational guide of the main water bodies of Québec, scrupulously updated every season.





Three C-Tow member packages are available to CPS-ECP members at 1/3 OFF of the regular price. C-Tow Marine Assistance Ltd. has been in operation for 27 years providing members with "Peace of Mind at Sea".

### https://www.c-tow.ca



**Weems & Plath** is the proud sponsor of the Instructor of the Year Awards and offers all CPS-ECP members an exclusive 25% discount on **Weems & Plath** products ordered directly online only. Look for your promo code in the Members section at <a href="https://www.cps-ecp.ca">www.cps-ecp.ca</a>

www.weems-plath.com



ICOM Canada is the proud sponsor of the Electronic Instructor of the Year Awards and offers instant rebates to all members of CPS-ECP. These discounts are available at any participating ICOM Authorized Marine Dealer across Canada and include VHF radios, both handheld and fixed mount, as well as AIS receivers, Radar and SSB radios.

Look for details in the Members section at www.cps-ecp.ca

#### www.icomcanada.com



Fugawi has been a marine electronics innovator since 1995. This is a significant and far reaching benefit program for CPS-ECP members which includes:

- 15% Off all marine products that Fugawi distributes in the fugawi.com store.
- FREE Fugawi Marine 5 (FM5) demo software for all CPS-ECP students and members.
- 50% Off the retail price of the complete and downloadable FM5 software.

#### https://www.fugawi.com



All SALUS Marine Wear products are available to members at 15% off the full retail price in the current year's catalogue. All orders must be placed through the CPS-ECP National Office.

#### www.salusmarine.com



Natural Marine Products, a CPS-ECP Proud Sponsor and, presenter of the annual CPS-ECP National Environment Trophy, offers all members a \$20 OFF manufacturers mail-in rebate on any 3 products from their Canadian-made.

#### www.alexmilne.com



Fortress Marine Anchors, the sponsor of the Officer of the Year Awards, offers their FX 37BP Anchor exclusively to CPS-ECP members at a savings of \$150.

#### http://fortressanchors.com

CPS-ECP Members receive a 10% discount on a large variety of products in select categories at RONA corporate stores in British Columbia, Alberta, Saskatchewan and Manitoba.

### www.rona.ca



National Car Rental (Canada) 24 hour toll free reservations

1800 CAR RENT

10% Discounts in Canada and the USA for members.

#### https://www.nationalcar.ca



Steveston Marine provides an 8% discount to CPS-ECP Members on all online and in-store products, excluding sale items.

For all discounted purchases made by a CPS-ECP member, an addition 2% rebate shall be sent to the member's Squadron.

#### www.stevestonmarine.com



**Purchase Ports Cruising Guides** 

CPS-ECP members can save up to \$8.00 off the cover price when they order their Ports Cruising Guide through the CPS-ECP website and National Office.

### www.portsbooks.com



Half-Price Membership with

BOAT/US

Access to BOAT/US catalogue merchandise discounts

Eligible to receive many other benefits and services.

www.boatus.com



Members save up to 15% off the regular room rates!

Choice Hotels is Canada's largest hotel franchisor with ten great brands that offer unexpected amenities at affordable prices.

#### www.choicehotels.ca



The Great Lakes Cruising Club is an organization of over 2500 US and Canadian Members dedicated to encouraging cruisers to explore our Great Lakes. One of the club's missions is education, particularly through the online GLCCSchool.

GLCCSchool webinars are available to all - both GLCC members and non-members.

GLCCSchool webinars are offered in English only.

#### www.glcclub.com

## Why Should I Take a Boating Course?



A question that I get asked a lot is "why should I take a safe boating course?"

Let me start by asking you the following question: Would you start driving a car before taking a course and/or driving lessons? The answer is probably no and for good reason.

When it comes to operating a boat, especially a power boat, personal watercraft or sailboat, I often ask the same question and the answer I get is usually very different. Most people believe that operating a boat is much easier that operating a car and I would respectfully

suggest that this is far from the truth.

Let's think about it and follow the comparison. When you do the written portion of your driver's test you have to be able to identify a large number of signs. The same is true for travel on the water. I counted up the number of different signs, markers, lights and flags that are noted in Transport Canada's Safe Boating Guide and there are over 60. Add to that which side of the boat you keep certain markers on changes depending on the direction of the water flow and you have to know how to determine that.

**Let's go even further**. You are required to carry up-to-date charts, the water version of road maps, on board. To be able to use them you also need a magnetic compass and an understanding of the symbols that are noted on the chart. There are literally pages of those. In fact there is a whole book dedicated to charts, their symbols and how to read them.

Now let's look at the operation of the vessel itself. Power boats, personal watercraft, sailboats and paddle boats all perform differently, just like cars, trucks, motorcycles and bicycles. When you turn the steering wheel on a boat it is the back end of the boat that moves first, not like the front end of a car. When you take your foot off the gas in a car you can still turn left or right with no problem. The same is not true in a boat. So much so in some cases that, without power to drive forward motion, the boat or personal water craft will not turn at all. Cars have brakes; boats don't and rely on reverse thrust or friction to slow the boat down.

Most cars also contain all the required safety equipment already built in. The same is not true of boats.

Different types and sizes of boats require different safety equipment on board, in good repair and accessible. You need to know what that equipment is and how to maintain it. For the most part seat belts are the same but lifejackets and personal flotation devices (PFDs) are not. Today PFDs are purposely designed for different types of on-the-water activity and you need to know how to choose the right one for what you do and how to maintain it.

Last but not least, let's consider weather. It is true that in a car you have to consider adverse weather conditions, especially heavy wind or rain, but in most cases you are protected from those conditions and can carry on to your destination. The same is not true on the water. Slight changes in the weather can call a halt to what started out as a fun day on the water. Even too much sunshine can have adverse effects and you need to know when to recognize that and how to do something about it.

Are you beginning to get the picture? I have not yet talked about Cold Water Shock due to unexpected immersion or the dangers of carbon monoxide.

The body of knowledge that is required to pass the test for your Pleasure Craft Operator Card (PCOC) now has 257 key learning points and that covers only the basic level of knowledge that is really needed to understand fully and enjoy a safe boating experience for you and your family and guests.

Canadian Power and Sail Squadrons (CPS-ECP) offer a range of classroom and home study courses and seminars that cover everything from basic boat safety, handling and navigation up to advanced navigation, offshore cruising, local and global weather, marine electronics, marine maintenance, distress signaling and much more. Go to: www.boatingcourses.ca. Courses are usually offered during the winter and early spring months so you can enjoy year-

long boating experiences, learn a great deal and make many new friends that share your passion for boating.

It is said that knowledge is power and when it comes to boating you can never have too much of it. That knowledge can give you the confidence to really enjoy your boating experience and it can give others confidence in your abilities as a safe boat operator. The best trip is always a safe return trip.

John Gullick, CPS-ECP Manager of Government and Special Projects



## Squadron Burgee or CPS-ECP Flag Refresh?



The burgee is 10" x 15", 4 colours, fitted with grommets and can be yours for just \$25.00

Is your squadron burgee showing it's age? Include a crisp, fresh new burgee as part of your spring commissioning. They look great and the quality matches the look. Contact Marjorie Ladouceur (613) 824-9490 or marjorieladouceur@rogers.com for your new Squadron burgee or CPS-ECP flag!







## THE CHANDLERY

www.thechandleryonline.com
367 Poulin Ave, Ottawa ON K2B 5V2
613-820-7642

## THE SAM GROUP

Uniforms, Sportswear, Safety, Promotional Items

## THE SAM GROUP

www.thesamgroup.ca
111 Colonnade Rd, Nepean ON K2E 7M3
613-727-0446



## VERONA STEAK AND PIZZA

www.veronasteakandpizza.com 1682 Cyrville Rd, Ottawa ON K1B 3L8 613-741-2130