



Ottawa Power and Sail Squadron Rideau Ripples

May – June 2012



Commander's Comments



A year has passed since I became your Squadron Commander in April 2011, where has the time gone! As I prepared for my first Annual General Meeting as a Commander, it became quite apparent to me how much the members of the Ottawa Power and Sail Squadron are lucky to have a Bridge that is so dedicated as well as loyal to its members and CPS-ECP organization. Many of the Ottawa members not only serve on the Squadron Bridge but at the District & National Level. When the D/C Cathie Johnstone presented the Merit Marks to our volunteers what was not obviously visible was that 44 Squadron Members had donated over 5,000 hrs. That is quite an accomplishment for your Bride Members, Instructors, Proctors, Watchkeepers and many other volunteers.

The Annual General Meeting on April 12th was very well attended; our new Bridge was pledged in and many members received their Merit Mark Certificates. It was my great pleasure to award the 2011-2012 Commander's Trophy to Cathie Johnstone. She has been one of my many mentors since I joined the Squadron in 2005. Cathie has always been there for me either by e-mail or phone calls for guidance and to answer my many questions about the organization.

The 3rd Commander's Breakfast on Saturday, April 21, 2012 was very popular with 38 people in attendance. We had three (Jocelyne Monette, Joy Moyle and Ron Levine) of the nine successful 2011 Fall Boating Students attend to receive their Certificates, CPS Flags then pledged in by P/D/C Linda Hamilton as members. The Ottawa Police Marine/Dive/Trail Unit Acting/Sergeant Brent Macintyre, Constable Shyldon Safruk and Park Warden Travis Halliday of Parks Canada gave us a presentation on how to report offenders to the police and what information is required for a successful prosecution.

On the Training Front, it looks like the Boating Course, as we have known it for so many years, will be replaced by two courses. *Boating Basics (Our PCOC Course)* and *Boating Essentials*, a course which builds on the Boating Basics course including and expanding the information contained in the previous Boating Course that was not covered in *Boating Basics*. I look forward to being one of the instructors for this new course in September.

Our Social Activities Officer Christopher Friesen and his committee have been working hard at planning this year's Picnic & Graduation. Please continue reading the newsletter for more information.

I have been actively working on the Squadron Roster. Everyone who renewed their membership has been sent an e-mail to provide up to date information. For those who are receiving this newsletter by mail, please call me at (613) 824-9490 after June 02, 2012 and I will update my records. To be included in the 2012, your membership must be renewed by June 03, 2012.

The Boating Season is here and I hope that everyone has a safe summer. Let's meet at the Picnic or see each other on the water. Be safe and fly your CPS Flag and/or Squadron Burgee proudly. Enjoy every minute of it because the season is way too short!

Guy

Guy A. Ladouceur
Ottawa Commander

The 2011-2012 Bridge

Squadron Commander	Guy A. Ladouceur
Immediate Past Commander	Bryan Carroll
Executive Officer	Terry Hamilton, <u>AP</u>
Treasurer	William Moyle, <u>AP</u>
Training Officer	Robin Craig, CN
A/Training Officer (Adv/Elective)	Court Harkness, S
A/Training Officer (Boating Basics)	<i>Court Harkness, S</i>
A/Training Officer (Supply)	Monique Vallieres, S
Communications Officers	Frank Keating, <u>AP</u>

Environmental Officer	Nick Baets, CN
MAREP & safety Officer	Sue Baker, SN
Mailing Officer	Marjorie Ladouceur
Membership	<i>Terry Hamilton, AP</i>
Public Relation / Marketing Officer	Donald Partridge, P
Regalia	Joy Moyle
Rideau Ripples Editor	<i>Philip Harris, N</i>
Secretary	Paulette Vineham
Social Affairs Officer	Christopher Friesen
Webmaster	Philip Harris, N
Squadron Examiner	Jim MacLeod, SN
Squadron Financial Review	Don Tanner, CN

*_**

Why not help the Bridge and volunteer as an assistant!

Squadron Events Calendar

Jun 07. 2012 (THU) - BRIDGE MEETING - Louis Steak House
1682 Cyrville Rd. Informal dinner at 1800 hrs, meeting starts at 1900 hrs. All are welcome to attend.

Jun 18. 2012 (MON) – ANNUAL PICNIC – RCMP Campground
– **Check page 5 for more information** – It is FREE!

Sep 06, 2012 (THU) - BRIDGE MEETING - Louis Steak House
1682 Cyrville Rd. Informal dinner at 1800 hrs, meeting starts at 1900 hrs. All are welcome to attend.

Oct 01, 2012 (THU) - BRIDGE MEETING - Louis Steak House
1682 Cyrville Rd. Informal dinner at 1800 hrs, meeting starts at 1900 hrs. All are welcome to attend.

Oct 17-20, 2012 (WED-SAT) – EDMONTON CONFERENCE & AGM – See CPS Website for more information.

OCT 27. 2012 (SAT) – COMMANDER’ BREAKFAST - Louis Steak House 1682 Cyrville Rd. More info later.

Nov 01, 2012 (THU) - BRIDGE MEETING - Louis Steak House
1682 Cyrville Rd. Informal dinner at 1800 hrs, meeting starts at 1900 hrs. All are welcome to attend.

Please check the website for updates and latest information:
<http://cps-ottawa.com/events.html>

Christopher Friesen
Social Activities Officer

Squadron Mailing Address

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P.O. Box 8481, Terminal ‘T’
Ottawa, ON K1G 3H9

Cdr Guy A. Ladouceur
(613) 824-9490



EDMONTON
WELCOMES YOU!
CPS Conference & AGM
October 17 – 20, 2012
Celebrating our 74th year

*****RENEWAL TIME*****

Yes renewal time for those expiring on April 30, 2012 has passed. I am encouraged with our numbers this year because as I write this article we only have 49 outstanding members. We also have 18 members whose expiry has passed either in April or May. Everyone who is presently outstanding has received the usual reminder from CPS HQ and from the Commander, either received a personalized e-mail message or a letter asking them to renew. Now the next step will be to make telephone calls to everyone still outstanding as we need to know. As the Commander says “Make My Day, Renew Now!” and save us a few telephone calls.

If you paid by cheque, please accept our apology for sending you a reminder but keeping in mind that our staff of eight at CPS HQ have to look after 29,385 members with approx. 30% who send cheques for their renewal. Please bear with us!

Commander's Breakfast



**1st Merit Mark
Grant Woolsey**



**7th Merit Mark
Philip Harris**



**9th Merit Mark
Steve Highstead**

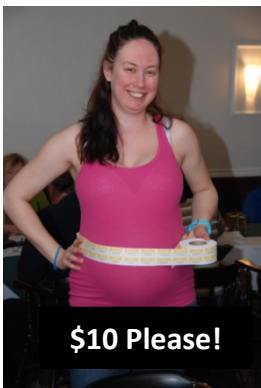


**10th Merit Mark
Monique Pelland**



**19th Merit Mark
Walter Bilous**

Life Member
Next Year
My Friend!



\$10 Please!



\$20 Please!

**See you at the Next Breakfast!
Saturday October 27, 2012**



The Winning Ticket!

THE RIDEAU CANAL

Over the past number of years, Parks Canada has become increasingly concerned about the problems created by wash, wake and speed along portions of the Rideau Canal. Surveys of boaters in 2001 and 2008 identified concerns particularly in the area of the Canal stretching between Manotick and the Highway No. 416 Bridge over the Rideau Canal.

As a result of these concerns, Parks Canada launched its Boating Safety Campaign which included certain educational initiatives, greater training for Parks Canada employees and the commissioning of a report on public safety risks in the area north of the Highway No. 416 Bridge. All of this culminated in suggestions made by Parks Canada through 2011 with respect to new no-wake zones in areas of the Rideau Canal.

There was and is a significant difference of opinion amongst varying stakeholders as to the appropriate use to be made of the Rideau Canal. Many homeowners in the area of the Rideau Canal wished to have extended speed zones and/or no-wake zones in place to avoid damage to their property and/or to reduce the risk that they believe that they face in the use of the river around their homes. On the other hand, many people along the Rideau, including those running commercial businesses along the Rideau, want to have virtually untrammelled rights to utilize the water system as they deem fit and, specifically, to be able to operate boats at high rates of speed in relatively narrow areas causing considerable problems with wash and wake.

Public input is and will be important in Parks Canada's determination as to what, if any, limitations that it might put into place on the use that boaters might make of varying parts of the Rideau Canal System. In March of 2012, Don Marrin, the Superintendent of the Rideau Canal – Eastern Ontario Field Unit, indicated that Parks Canada would re-focus the Boating Safety Campaign consultation process. It was hoped that in the future the consultations would solicit public input on how best to address the public safety concerns that were raised and to identify issues that needed to be explored further. At that time, Parks Canada intended to engage a firm that specializes in public consultation to work with Parks Canada to develop a public consultation plan and to facilitate public discussions.

The most recent information received from Parks Canada is to the effect that it will not be implementing a public consultation program at this point in time for boating safety on the Rideau Canal. Educational materials will continue to be distributed at lock stations and educational signs and panels will be installed along the Rideau Canal to help address the issues associated with excessive wash and wake.

Parks Canada has indicated that the no-wake zones and speed zones which were in effect prior to the 2011 season will remain in effect and will be enforced. The newly installed zone from Manotick Bridge to Mahogany Harbour and the zone at Collins Point will not be in effect. The no-wake zones in those two areas will be replaced with an educational sign indicating problems with wash and wake.

There is little question but that Parks Canada has been impacted by recent budget cuts. The ability of Parks Canada to actively seek out input from varying stakeholders has been reduced as a result of budget cuts. Notwithstanding this, those members of the Squadron who are impacted by the use of the Rideau System of other boaters and/or by changes in the operations of the system are encouraged to contact Parks Canada to register their concerns and/or their suggestions.

Bryan Carroll,
Past Commander



The Ottawa Power and Sail Squadron

invites its members

and all Rideau District members to its

60th Anniversary Picnic and Graduation

Monday June 18, 2012 at 1700



RCMP Campground – Long Island off River Rd.

Turn on Nicholls Island Rd. – then follow the Aids to Navigation

Free Burgers, Sausages, Salads, Soft Drinks, Coffee and Cake

To ensure that we have adequate food to feed everyone

YOU MUST REGISTER AT: <http://cps-ottawa.com/events.html>

by **June 14, 2012**

For those without email RSVP to Social Activities Officer

Christopher Friesen 613 837-3461

Pick Up Your 2012 Ottawa Squadron **ROSTER**

Purchase the latest fashion in CPS Boating **REGALIA**

Donate NAUTICAL ITEMS for the **AUCTION!**

Bring lawn chairs to sit on. Don't worry there is an inside facility in the event of rain.

This is the largest event of the year, bring your family & have **FUN!**

Support your Squadron and Rideau District

Bilge Busting

Prevent pollution with diverter valves, bilge socks and bacteria

One of the most unfriendly places on my boat, after the anchor locker, is the Bilge. Wastewater builds up in the bilge along with whatever else finds its way down to this low spot. Bilges are mostly meant to catch sea (or lake) water that infiltrates into a boat and usually some automatic float valve activates the bilge pump when the level reaches a couple of inches. In my case the primary source of water is the small drip of the propeller shaft packing. But other fluids, like oil and coolant laced with antifreeze will also find their way to this low spot. And so there is the risk if pumping them overboard as well. However, it's unnecessary. Even if your bilge water is contaminated, there are steps you can take to clean it before pumping it overboard.

Install a Diverter Valve

All boats should be fitted with a simple diverter bag. If you do not have one, it is simple to install. In case your bilge water is contaminated with oil, you can turn the diverter valve one way and pump directly into a container that you empty at an oil recycling station. Just remember that once the bilge is clean, you must return the diverter valve to open so the bilge pumps overboard.

Use the Right Bilge Sock

You may be familiar with bilge socks, filled with material that absorbs oil but not water. But did you know that not all bilge socks are created equal? Their effectiveness is measured by several characteristics: Initial absorption, overall absorption, swelling and retention. Bilge socks are also made of different oil-absorbing materials. Some are more effective than others. Polymer bilge socks outperform the competition. Read the label the next time you buy a bilge sock. Ask your marina or chandlery to carry polymer bilge socks or order through the internet. By the way, bilge socks and pads with oil-eating bacteria are the ones that perform the poorest, but they are frequently advertised as the most environmentally friendly.

Other Steps You Can Take

- If your engine is not fitted out with an oil drip pan underneath it, construct one from a deep dish aluminum baking tray lined with oil absorbent pads. If you boat in salt water it pays to have a tray fabricated from stainless steel.
- Once you remove a bilge pad, allow it to dry before disposing of it in the recycling area of your marina.
- Check your engine regularly for leaks and correct the source of any leak. Placing clean oil-absorbent pads under your engine will alert you to the presence and location of any leaks.

Internet Search Terms: polymer bilge socks, bioremediation recreational boaters, oil-eating bacteria recreational boats. Excerpts from "Boat Green" 50 Steps Boaters can take to save our waters by Clyde W. Ford.

Nick Baets, Environmental Affairs Officer

Hypothermia – submitted by Sue Baker SN (MAREP and Safety)

This is a good time to remind people How cold the water really is this time of year and what to do if you fall in. If nothing else, it would be a shocker if you hit the water in the spring although folks think the same happens in the fall. However, at that time of year, the water has been warmed by the sun all summer so is much easier to be in for a longer time.

The definition of “Hypothermia” is a condition in which core temperature drops below the required temperature for normal Metabolism and body functions which is defined as 35.0 °C (95.0 °F). Body Temperature is usually maintained near a constant level of 36.5–37.5 °C (98–100 °F) through biologic Homeostasis or Thermoregulation. If exposed to cold and the internal mechanisms are unable to replenish the heat that is being lost, a drop in core temperature occurs. As body temperature decreases, characteristic symptoms occur such as shivering and mental confusion.

Alcohol consumption increases the risk of hypothermia via its action as a vasodilator. It increases blood flow to the body's skin and extremities, making a person *feel* warm, while increasing heat loss.¹ Between 33 and 73% of cases of hypothermia are complicated by alcohol. The limitation of finger dexterity due to pain or numbness decreases general safety and work capacity, which consequently increases the risk of other injuries.

Heat is lost more quickly in water than on land. Water temperatures that would be quite reasonable as outdoor air temperatures can lead to hypothermia. A water temperature of 10 °C (50 °F) often leads to death in one hour, and water temperatures hovering at freezing can lead to death in as little as 15 minutes. Water at a temperature of 26 °C (79 °F) will, after prolonged exposure, lead to hypothermia.

Hypothermia Symptoms by Body Temperature			
Celsius	Fahrenheit	Description	Symptoms
37	98.6	No hypothermia	No hypothermia
Below 35	95	Definition of hypothermia	N/A
32 to 35	89.6 to 95	Mild hypothermia	Shivering Lethargy, apathy, confusion Rapid heart rate
28 to 32	82.4 to 89.6	Moderate hypothermia	Shivering stops Increased confusion or delirium Slowing heart rate; may become irregular
Below 28	Below 82.4	Severe hypothermia	Coma Ventricular fibrillation May appear deceased
20	28		Brain activity stops

Treatment

- First Aid should be initiated.
- The patient should be removed from the cold environment and placed in a warm shelter away from the wind. Wet clothing should be removed and replaced with a warm, dry covering including head covering.
- Emergency medical services should be activated (call 911 if available) as soon as possible.
- The patient's breathing should be monitored, and if it becomes dangerously slow or stops, CPR should be initiated.
- The severity of hypothermia and the patient's mental status and ability to function will determine what further treatment is necessary. Passive re-warming with warm clothing in a warm environment may be all that is required for a conscious person who is shivering.

There are many good articles on this subject that can be accessed through the Libraries or the internet. Be informed and be safe.

TRAINING COURSES – SPRING / FALL 2012

Please Register On-Line!

www.cps-ecp.ca or <http://cps-ottawa.com/courses.html>

VHF MARITIME RADIO

SPRING 2012 COURSE DATES AND INFORMATION

Registration: Online Registration form at the National CPS website

VHF Course #5: Wednesdays 23 May to 06 Jun 12



The Training Department is hard at work finalizing classroom space for the Fall 2012. There will be a new course called Boating Essentials. Please keep checking the website for any updates!

Help us have safer boating by promoting CPS and our courses to anyone on the dock, the grocery store, the doctor's office. Fly the colours and be proud!

HAVE A WONDERFUL SEASON PRACTICING SAFE BOATING!

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