



Ottawa Power and Sail Squadron  
Rideau Ripples

May 2006



Boating Safety Awareness Week



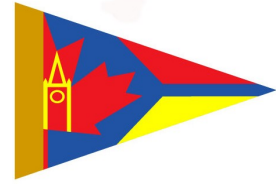
May 20 - 26



Tug Along's tow along



# Ottawa Power and Sail Squadron Rideau Ripples



May 2006

## **The 2006 – 2007 Bridge**

### **Squadron Commander**

Cdr Cathie Johnstone

### **Executive Officer**

Lt/C Gordon Abry, AP

### **Treasurer**

Lt Nelson Guillemette, CN

### **Training Officer**

Lt/C Bryan Carroll

### **Assistant Training Officer**

**(Adv/Elective)**

1<sup>st</sup> Lt Dave Omond, JN

### **Assistant Training Officer (BoatPro)**

1<sup>st</sup> Lt Steve Highstead

### **Assistant Training Officer (Supply)**

1<sup>st</sup> Lt Monique Vallieres

### **Archivist**

Vacant Position

### **Membership Officer**

1<sup>st</sup> Lt Robert Milburn

### **Environmental Affairs Officer**

Vacant Position

### **Regalia Officer**

Vacant Position

### **Secretary**

1<sup>st</sup> Lt Sue Baker, (SN)

### **Communications Officer**

1<sup>st</sup> Lt Ken Killingbeck

### **Social Activities Officer**

1<sup>st</sup> Lt Fred Cameron

### **Mailing Officer**

1st/Lt Marjorie Ladouceur

### **MAREP & Safety Officer**

1<sup>st</sup> Lt Bill Kerr, S

### **Rideau Ripples Editor**

1st/Lt Steve Lortie

### **Public Relations / Marketing Officer**

1st/Lt Guy Ladouceur

### **Past Commander**

P/C Bernie Goulet, S

### **2007 CPS Conference Chair**

P/C Frank Keating

### **Squadron Examiner**

P/R/C Jim MacLeod, SN

### **Auditor**

Lt James Dean, S

## **Squadron Meeting Calendar**

*Everyone is welcome to attend any of the events/meetings listed below.*

**Tuesday, June 6<sup>th</sup> 2006:** *Bridge Meeting* held at the Ottawa-Hull Naval Association Mess on Victoria Island. Informal dinner at 1800 hrs, meeting starts at 1900 hrs. All are welcome to attend.

**Thursday, June 15<sup>th</sup> 2006:** *Annual Squadron Picnic* held at the Long Island Lock Station. See the website for [more details](#).

**Tuesday, 5 September 2006:** *Bridge Meeting*, at the Ottawa-Hull Naval Association Mess on Victoria Island. Informal dinner at 1800 hours, meeting starts at 1900 hours.

**Thursday, September 12<sup>th</sup> 2006:** *Information Night with Ken Killingbeck*. See OPSS Activities Calendar for more details.

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### **Squadron Mailing Address**

Ottawa Power and Sail Squadron  
P.O. Box 8481 Terminal 'T'  
Ottawa Ontario, K1G 3H9

### **Squadron Answering Machine – (613) 567-3265**

#### **Commander**

Cdr. Cathie Johnstone  
(613) 734-8300

#### **Supply Officer**

Monique Vallieres  
(613) 741-6444

#### **Social Activities Officer**

Fred Cameron  
(613) 745-5188

#### **Rideau Ripples Editor**

Steve Lortie  
(613) 596-9620

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### **Front Cover**

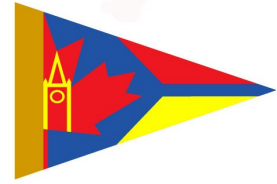
The top image is one of the logos for Boating Safety Week. CPS is all about boating safety and this week May 20 – 26, is Safe Boating Awareness week in Canada. Make every week safety awareness week.

The bottom picture is of the radio-controlled sailboat that was to capture everyone's eye at the Tulip Festival Flotilla weekend. It is 59 inches in length with a 75 inch mast. Ted and Sue Baker volunteered to sail it on Dow's Lake for its maiden voyage on Saturday afternoon May 20, 2006. For added attraction, it was to be fully decorated with lights and pulled behind TUG ALONG in the Saturday evening Parade of Lights.



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## Commanders Comments

I hope you have all had a good winter. By now, as spring is disappearing and summer is quickly approaching, most of us have or are ready to launch. All of the hard work getting ready is always worth the effort once you are afloat. There is nothing like a warm summer evening sitting at anchor and watching the millions of stars dancing above the sky. I can hardly wait.....

We have had a busy training season and have had a number of boating students join as new members and a number of existing members successfully complete advanced courses. I hope that you all are planning to attend the annual picnic at the Long Island Lock Station. It will be on June 15th and I will have the privilege of pledging new members. You can come by car or by boat. There is plenty of dock space at this time of year and it is always fun to have a few boats to look at with owners willing to give tours. There is a parking lot on the Nichols Island Road leading to the locks and we will ask again this year if they will let us park free of charge. There will be a sign posted on the parking meter in the centre of the lot if we have free parking.

I would like to take this opportunity to thank all of the instructors and proctors who have volunteered their time as skills as we wrap up another successful training season.

I would also like to thank the bridge members and let them know how lucky I feel to be able to work with such a dedicated team of volunteers.

It looks like we are heading for another great summer. I wish you all safe journeys and remember everything you learned in the classroom.

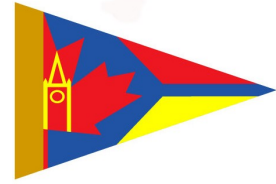
See you on the water.

*Cathie Johnstone, Commander*



# Ottawa Power and Sail Squadron Rideau Ripples

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## Executive Officer's Comments



Gordon Abry

If I remember correctly last time I sat down to write an article for Ripples the weather was very bad outside. Well, it seems to be happening again as it's been raining for days on end. Almost makes one glad that we are into boating – at least we will be the ones that get saved and start a new life if the rains don't stop. Now back to reality.

Just like everyone else I have been working at getting the boat ready for spring launch. As you know, we have just had our twin diesels rebuilt and it is going to take a bit more time before we can go and ply the waterways of Ontario. The mechanic needs to do final testing/setting-up of the engines as well as running them several hours before I can get my hands on the boat. It is an understatement to say that I am getting anxious

to get boating, but all in it's time grasshopper.

We have lots of work left. I have to wire in new oil and temperature gauges and working in small confined spaces is not an easy task for the larger boned person. The only temperature gauges we had were mounted right on the engines and to take a reading you would have to lift the engine hatch cover. Not convenient at all but more importantly I would not have been able to tell if there were any heat issues. After spending a small fortune (and any hope of future vacations, new vehicle or new clothes) on the engines, I certainly want to know what the oil pressure and temperature is doing.

Just before the winter lay up I found out something neat. I got my MMSI number and a new DSC VHF radio (yup got the proper radio license too) and hooked up my Garmin 45 so that my system would work properly. Well, the radio would recognise that my GPS is connected but the Lat/Long information would not be transferred to the radio. This did stump me for a while and my blood pressure did raise a few millibars until I did the unthinkable (just kidding). I opened the radio's user manual.

It is interesting what you can find out from reading the users manual. I found out that my DSC radio is looking for a single specific statement from my GPS. Of course, that single specific statement is not generated by my Garmin 45 GPS, which is quite an old unit. So there I stand on the flybridge .... not knowing which unit to throw overboard.

See, sometimes paradise is just full of frustrating events that drive us to question, "Why Me!!!!!!".

Hope your spring launch is going better than mine and as always, hope to see you on the water.

*Gord Abry, XO*

P.S. I wish to thank Steve Lortie for volunteering his time to become the next Rideau Ripples newsletter editor. I trust that our members will help Steve out by sending him articles, etc. Steve's email is [ripples@cps-ottawa.com](mailto:ripples@cps-ottawa.com).



# Ottawa Power and Sail Squadron Rideau Ripples



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## Training



Bryan Carroll

### **Ottawa Public Library Location**

Blackburn Hamlet Branch, Blackburn Hamlet

### **Start**

Tuesday

### **Date**

Jun 6<sup>th</sup>, 2006

Classes start at 1830 hrs and run to 2030 hrs. Registration is on the first night at 1800 hrs. Fee is \$55.00 for adults and \$45.00 for students.

Please check the training portion of the Squadron website <http://cps-ottawa.com/courses.html> for the latest information regarding courses.

*Bryan Carroll, Training Officer*

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## Membership



Robert Milburn

### **Member Roster 2006/07**

The OPSS Roster Booklet for 2006/07 will become available at the Squadron BBQ in June to Squadron Members, on a basis of one per family; that is, to the following member types; Regular, Associate Regular, Life, and Complimentary.

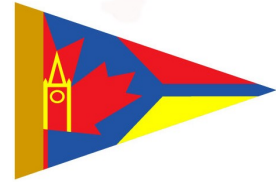
You can also, at any other time obtain your copy of the Roster from the *Membership Officer* at any regular Bridge Meeting, September and January Course Registration nights, at selected OPSS functions or by sending a request to the Membership Officer (contact info below), along with a pre-addressed and stamped envelope, minimum size 9"x12"; for addresses in

Canada the required postage is 6 times regular postage (6 x 51¢ = \$3.06). Currently the Roster is only available in hardcopy. Electronic distribution has been limited until such time as a policy is developed regarding the use, and security, of electronically distributed information.



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### Membership Officer contact info:

Robert Milburn  
1859 Cloverlawn Crescent  
Gloucester, Ontario K1J 6V4

Phone: (613) 749-8013  
E-mail: [membership@cps-ottawa.com](mailto:membership@cps-ottawa.com)

### Featured Regalia Item for May 2006

*\*\* Have you gotten your boat ready for the water, take a look at you CPS Pennant – Need a new one \*\**

This issue's featured item is the Canadian Power & Sail Pennant.

This pennant is available to, and may be displayed on the boats of any full member (Regular or Family) of the Ottawa Power & Sail Squadron. They can be purchased through the OPSS Membership Officer and are available in 3 formats:

- ~ Small printed cloth pennant (8'x13') , as shown here, for \$10;
- ~ Large printed cloth pennant (12"x20") for \$11; and
- ~ Large Appliquéd cloth pennant (12'x20') for \$60 (price may vary).



Pennants will be available at most Squadron functions; or can be ordered from the Membership Office. Orders by mail must include pre-payment and a self-addressed stamped envelope for return of the pennant; or contact the membership Officer to make pick-up arrangements. The Membership Officer can be contacted by postal mail - Robert Milburn 1859 Cloverlawn Cres, Gloucester ON K1J6V4; or Email - [rdmOPSS@hotmail.com](mailto:rdmOPSS@hotmail.com). Items can also be obtained directly from CPS Headquarters.

### IMPORTANT – All Members - Membership Renewal 2006/2007

If you are an OPSS Regular or Associate Member, CPS Headquarters should have mailed your Annual Membership renewal notice in Mar 2006, and therefore you should have now received it. The new Membership year is May01/2006 until Apr31/2007 and the renewal period runs for two months from Apr01/2006 until May31/2006. Full price renewal fees are \$47 for Regular Members and \$23.50 for Family Members. If you delay your renewal past June your renewal may possible be treated as a 'Rejoin' with loss of accumulated yearly marks.

To renew you membership you can:

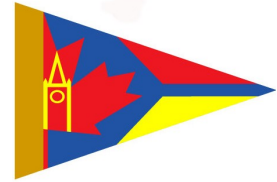
- Use the renewal form sent to you by National, or
- Use the CPS-ECP web-site ([www.cps-epc.ca](http://www.cps-epc.ca)), or
- Contact the OPSS Membership Officer (at the Squadron BBQ or at home after 15Jun2006).

If you are unable to use the CPS National methods of membership renewal, or are uncertain of your membership status or fee, please contact the OPSS Membership Officer, who can be reached:

- At the Annual OPSS BBQ (15Jun2006)
- At any regular Bridge Meeting;
- At the September and January Course Registration nights;



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- At selected OPSS functions;
- Through the OPSS web-site ([www.cps-ottawa.com](http://www.cps-ottawa.com)); or
- By sending a request to the Membership Officer (see contact info above)

*Robert Milburn, Membership Officer*

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The term "mayday" used for signalling for help (after SOS) comes from the French "M'aidez" which is pronounced "MAYDAY" and means, "Help Me."

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## Social Activities

### Next Squadron Information Night



Fred Cameron

Ken Killingbeck. Cedar strip boats old & new. Watch website for details.

**When:** Tuesday, 12 September 2006

## OPSS Activities Calendar

In addition to our monthly meetings listed on the inside cover the following are Squadron Activities that we would like you to come out to.

**Thursday, 15 June 2006; Annual Squadron Picnic.** At Long Island Lock Station. See following info.

**Tuesday, 12 September 2006; Information night,** with Ken Killingbeck. Cedar strip boats old & new. Watch website for details.

## Ottawa Power & Sail Squadron Annual Picnic and Graduation

**When:** 15 June 2006.

**Where:** Long Island Lock Station

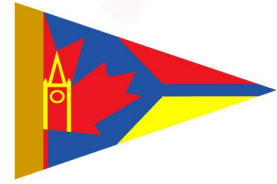
River Road, 4 km North of Manotick [click here for map](#)

**Time:** 1800 hours (6 p.m.)

Come out and congratulate the graduating students and meet your fellow squadron members. Bring along an item to be auctioned off for the benefit of the squadron. Witness the pledging of new squadron members and other several other surprise events. Squadron regalia and new member rosters will also be available



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Several agencies will be on hand to demonstrate their goods and services. More details will be available as the date draws closer.

Bring your lawn chairs, umbrellas (for the sun) and any other comfort items you might require.

If you can help out in any way, by providing a bar-b-que, help with the cooking or assist with the set up and clean up, help with purchasing items, provide tarps etc., please contact Fred at the address below.

This is the largest event in the squadron calendar each year, so bring your family out, enjoy the fun and support the squadron. Help celebrate the start of the boating season.

**Admission charge:** There is no admission charge for squadron members, graduating students and their families.

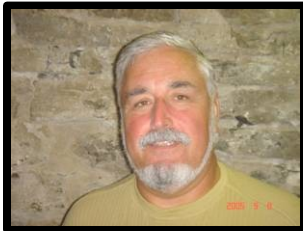
**Refreshments:** Free hamburgers, hotdogs, and soft drinks.

**Pre registration:** please advise us before **13 June 2006**, if you plan to attend so we can purchase the required amount of food. You can register online at [www.cps-ottawa.com/evt\\_06.06.15.html](http://www.cps-ottawa.com/evt_06.06.15.html) or contact Fred Cameron at 613-745-5188.

*Fred Cameron, Social Activities Officer*

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## Public Relations / Marketing



Guy Ladouceur

Have a great summer. Hope to see you at the picnic in June!

*Guy A. Ladouceur, Public Relations & Marketing Officer*

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Your input is requested, for your Ripples Newsletter. Do you have knowledge, an amusing story or perhaps a more serious story you would like to share with other OPSS members? What's your favourite spot to drop the hook (oh don't worry, we would never just show up :o). Come across a neat little gizmo that others could use? How about a good mother-in-law story? Please forward anything you would like to contribute to the editor for consideration.

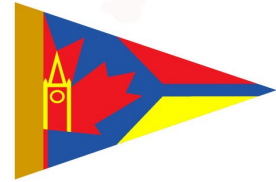
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## Ottawa Power and Sail Squadron Rideau Ripples

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### **WEAR IT! (Yea, we've told you before) but IT FLOATS. WILL YOU?**



For years the messages about wearing your Personal Floatation Device or PFD have been delivered by the boating safety community. “Boat Safe, Boat Smart – Wear It” and “It’s Your Life... .Preserve It” are familiar to all of us who enjoy time on the water. So why do we continue to ignore the message, putting ourselves, our loved ones and friends at risk?

Research tells us that while the majority of us insist that our children wear their PFDs, adults are not as careful about their own safety. The willingness to wear a PFD drops from 85 percent for children under 5, to a low of 37 percent by the time they reach their teen years. So what’s the result of all this complacency and unwillingness to wear a PFD?

Across Canada, 89 percent of recreational boaters who drown each and every year were not wearing a lifejacket or PFD. Most of these drownings occur in small open power boats, accounting for 60 percent of these preventable deaths. A majority of these victims were males between the ages of 19 and 35, out for a day of fishing. An average of 140 unnecessary drownings occur every year, but even more startling is the fact that this figure is estimated to be 43 percent below the estimated actual figure due to misclassification of drowning information when the statistics were compiled.

Many boaters who drown believed they are good swimmers, so having a PFD on board and within easy reach might seem good enough. But what good is a PFD that is stored under a seat or under the bow going to be when the unexpected happens? Most drownings happen when small boats capsize or someone falls overboard. The PFD that you leave behind is not much use, especially in cold water.

In Canada, many boaters like to extend their boating season as long as they can so the water temperatures at the beginning and end of season can be very chilly. There are also parts of this country where water temperatures remain cold all year around. We’ve all heard about hypothermia, which can lead to many problems such as disorientation and rapid incapacitation, but the real shocker is found in the new research on sudden cold water immersion.

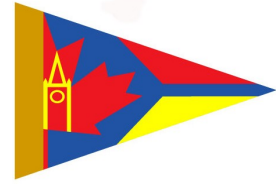
Death from sudden cold water immersion happens very, very quickly. Research by Dr. Michael Tipton, a leading expert in cold water immersion has shown that the “gasp reflex” from sudden immersion has led to more deaths than previously known. The reaction causes a sudden uncontrollable gasp, followed by 1-3 minutes of hyperventilation. The initial gasp can cause you to inhale up to 2 litres of water, causing drowning. This volume of water will cause an individual not wearing a PFD to sink and not re-appear. If the first gasp of water is not fatal, hyperventilation will lead to the rapid onset of severe hypothermia and death.

So if the “gasp reflex” doesn’t get you initially, you still face the effects of hypothermia. In cold water your extremities will quickly numb making it very difficult to swim or to don a lifejacket in the water and rescue yourself. The onset of the second set of symptoms leading to death by hypothermia can occur even if we end up in water as warm as 60 degrees. Being in cold water for an extended period of time can result in severe hypothermia, which causes your body to begin shutting down, resulting in death from cardiovascular failure.

*So the message is clear. Having your PFD on before you end up in the water will greatly increase your chance of survival. But most boaters don't. The common reasons stated for not wearing a PFD are: “they're uncomfortable,” and “it's not fashionable.” Well that doesn't fly anymore. Things have changed*



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*and there is a new generation of PFDs and Inflatable PFDs that are much more comfortable than the old standard lifejackets, which puts these objections to rest.*

In Canada there are three common types of approved flotation devices for use by recreational boaters: Lifejackets, Personal Flotation Devices (PFDs) and Inflatable PFDs.

Lifejackets when worn properly will turn the user over face up, due to the use of frontal flotation and collars. All approved lifejackets are available in youth and adult sizes and must be red orange or yellow.

Approved PFDs are lightweight, comfortable and available in a wide range of styles and colours, designed for the type of boating you do and conditions you face. There are PFDs for paddling, sailing, fishing and high impact PFDs for water sports and personal water craft. Whatever your activity, there is a PFD suited for it.

The most comfortable lightweight approved PFD or lifejacket you can wear is one of the new Inflatable PFDs, available in vest or pouch styles. Both of these types are manual Inflation PFDs, but a few models are available with automatic inflation, which instantly inflates the PFD when you hit the water. The pouch style requires the wearer to be conscious and to place the inflated vest over their head to be fully functional. To meet Canadian Small Vessel Regulations, inflatable PFDs must be worn at all times when aboard and underway and may not be worn by person under the age of 16, or weighing less than 36.3 kilograms.

When choosing a lifejacket or PFD follow these simple guidelines. Choose one that is suitable for the activity you are involved in and check the label to make sure that it is Canadian approved and is of the correct size. And lastly, make sure it fits snugly and is comfortable.

So there you have it. No more excuses for not having the right lifejacket or PFD..... and no more excuses for not wearing it. Boat Safe – Return Safe. Enjoy your time on the water and “have many happy returns.”

Reprinted from <http://www.csbc.ca>

*Steve Lortie, Rideau Ripples Editor*

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## The Classifieds

### Social Events

#### **2006 Rideau District Summer Picnic**

Sunday August 27th 1300Hrs. to 1900Hrs.(Sundown) at Don and Nan Bell's Property At Rideau Ferry  
All CPS members in the District are most welcome. Please reserve by August 21st, call Linda Hamilton  
613 8241362 or email [linham2004@rogers.com](mailto:linham2004@rogers.com)

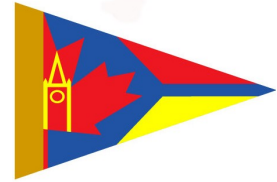
#### **Details:**

**Getting There:** From Lombardy on Hw# 15 take the road west towards Rideau Ferry (less than 7 km). On the east side of the Rideau Ferry Bridge (if you go over the bridge you have gone too far but will see boats down to your right) and on the north side is the Bell's driveway, turn here, there should be a CPS sign, drive down driveway until you see the gang on your left.

**Facilities:** Dockage-please call Don Bell at 1-613-283-5145 or email [donbell@ripnet.com](mailto:donbell@ripnet.com) to confirm that there will be room and water depth.



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Swimming pool!

**Safety:** Young children on docks or boats must wear PFDs or Lifejackets.

**Menu:** Bring your own meat to BBQ, your favourite beverage and an appetizer or favourite salad to share. District will provide BBQs, corn, dessert, condiments, coffee, tea, plates and plastic cutlery.

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### Thundercraft 280 – 20<sup>th</sup> Anniversary Celebration

2006 marks the 20th Anniversary of the building of the Thundercraft Magnum 280. Since it's birth, the 280 matured into the 290 and eventually broke into the mid thirties with the Thundercraft 340/350. The 280/290 set the standard for this type of family cruiser. Over 400 units were produced at the Sorel, PQ plant.

Those that own the 280/290 enjoy the comfort of a boat of over 32' long and with a beam just over the magical 10' mark. Powered by twin Merc or OMC, this is a very economical way to enjoy the waters of Eastern Canada(although, one exists in Vancouver as a live aboard boat – they shipped it from North Bay).

Come, enjoy the festivities, meet other Thundercraft owners at Confederation Basin in Kingston during the August long weekend. For further information: visit <http://www.280-290thunderrun.com/> or contact Dave Bodner at 866-397-6233.

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### For Sale

Please visit the Squadron website [Items for Sale](#) for a *complete list* of what is available from a sale and/or wanted to buy perspective.

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**For sale - Five heavy duty Boat Stands.** Four are angled to fit under the sides of the hull and one is perpendicular for under the transom. Each can be adjusted from 36" to 48" in height. The pads on top swivel. Each has a chain slot so they can be fastened in pairs and will not slip. \$100 for the lot."

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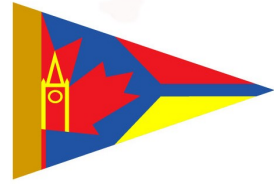
The Sea of Tranquility on the moon is deeper than the highest mountain on Earth.

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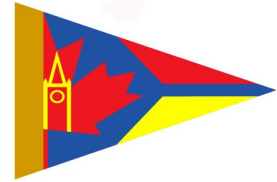


## An Old Farmer's Advice

- Your fences need to be horse-high, pig-tight and bull-strong ..and watch out where you're steppin.
- Life ain't about how fast you run, or how high you climb, but how well you bounce.
- Keep skunks and bankers and lawyers at a distance.
- Life is simpler when you plow around the stump.
- A bumble bee is considerably faster than a John Deere tractor.
- Words that soak into your ears are whispered...not yelled.
- Meanness don't jes' happen overnight.
- Forgive your enemies. It messes up their heads.
- Do not corner something that you know is meaner than you.
- It don't take a very big person to carry a grudge.
- You cannot unsay a cruel word.
- Every path has a few puddles.
- When you wallow with pigs, expect to get dirty.
- The best sermons are lived, not preached.
- Most of the stuff people worry about ain't never gonna happen anyway.
- Don't judge folks by their relatives.
- Remember that silence is sometimes the best answer.
- Live a good, honorable life. Then when you get older and think back, you'll enjoy it a second time.
- Don't interfere with somethin' that ain't botherin' you none.
- Timing has a lot to do with the outcome of a rain dance.
- The easiest way to eat crow is while it's still warm, 'cause the colder it gets, the harder it is to swaller.
- If you find yourself in a hole, the first thing to do is stop diggin'.
- It don't take a genius to spot a goat in a flock of sheep.
- Sometimes you get, and sometimes you get got.
- The biggest troublemaker you'll probably ever have to deal with, watches you from the mirror every mornin'.
- Good judgment comes from experience, and a lotta that comes from bad judgment.
- If you get to thinkin' you're a person of some influence, try orderin' somebody else's dog around.



# Ottawa Power and Sail Squadron Rideau Ripples



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"The Ottawa Power and Sail Squadron and its members wish to thank PSL for generously providing their sound equipment for Squadron functions. PSL also services the Ottawa area for all types of sound and light functions."

**PROFESSIONAL  
SOUND & LIGHTING**

 **SINCE 1979**

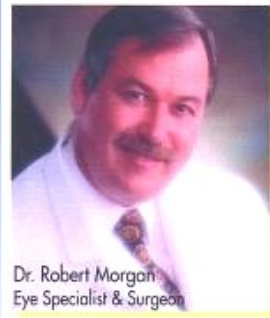
 **GELS**  
**BULBS**

- RENTALS
- SALES
- SERVICE


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**DR. ROBERT B. MORGAN**  
879 Shefford Road  
Gloucester **741-6444**



## Williams Marine Inc.

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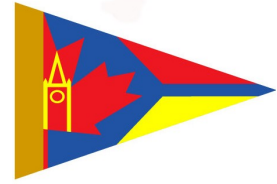
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