

To: Members of Britannia Power & Sail Squadron

## NOTICE OF ANNUAL GENERAL MEETING

**Take notice that the Annual General Meeting of Britannia Squadron will be held at Britannia Yacht Club on Thursday April 28<sup>th</sup>, 2005 at 20:00 for the purposes of:**

- Receiving, and if thought fit, approving the reports of officers of the squadron;
- Receiving, and if thought fit, approving the Financial Statement of the squadron for the year ending March 31<sup>st</sup>, 2005, and the report of the Squadron Auditor, thereon;
- Electing the officers of the squadron;
- Appointing the Squadron Auditor, and;
- Considering such further business as may properly come before the meeting.

The report of the Squadron Nominating Committee was posted in the Spring 2005 Running Fix. Under Squadron Regulation 12.1, any further nominations must be made by way of a petition in writing signed by not less than five members of this squadron, who shall confirm the consent of their nominee to stand for election. The petition must be filed with the Squadron Secretary not less than two days prior to the date of this meeting.

Dated this 29<sup>th</sup> day of March, 2005.

Nelson Hardy

**Col. John Woolsey**, Royal Canadian Artillery, a long time member of Britannia Sqd. Has passed away. John was the Sqd. MAREP Officer and compiled a 25 year history of the Sqd. which was sent to National at the time of our 25th Anniversary.

### DATES TO REMEMBER

Apr 16th	9:00 A.M. VHF Seminair c/w DSC endorsement - NSC
Apr 27 <sup>th</sup>	7:00 P.M. - Boat Docking - Charles Low 8:00 P.M. - <b>Annual General Meeting</b> BYC
Apr 29-30 <sup>th</sup>	Rideau District Conference & AGM
Apr 30 <sup>th</sup>	14:30 - Rideau District AGM
May 25 <sup>th</sup>	7:30 P.M. - Bridge Meeting
Aug TBD	Rideau District Picnic

### Inside:

Notice of 2005 Annual General Meeting	Page 1
Nominating Committee Report	Page 3
Annual General Meeting Agenda	Page 4
There she Schoons	Page 5
Rideau District Notice of AGM	Page 6
Rideau District Annual Conference	Page 7
Enjoyment as Hazard	Page 8
Rideau District Annual Picnic	Page 9
News from National Headquarters	Page 10

# The Running Fix



## Squadron Executive 2003 - 2004

Commander	Cdr Nelson Hardy <u>AP</u> 828-3789, nelsandruth@sympatico.com
Executive Officer	Lt/C Fred Herrndorf P 226-2964, fherrndorf@travel-net.com
Training	Lt/C Jean Dupuis <u>AP</u> 443 7747, jdupuis004@sympatico.ca
Secretary	1 <sup>st</sup> Lt Valerie Hume <u>AP</u> 728-8617 vhume@rogers.com
Treasurer	P/Cdr Chris Brown S 521-9411, christophgb@hotmail.com
Membership	1 <sup>st</sup> Lt Robert Dandurand P 741-7526
Public Relations	P/Cdr Larry Brown <u>AP</u> 820-1795
Communications	Bill Hall P 830-5580, va3wmh@rac.ca
Social Activities	Peter Bartosek P 684-7737
Supply	Vacant
MAREP/Safety	1 <sup>st</sup> Lt John Partington <u>AP</u> (819) 827-1346, johngail@magma.com
Running Fix	Bill Hall P 830-5580, editor@storm.ca
Deputy Training	1 <sup>st</sup> Lt John Partington <u>AP</u> 827-1346, johngail@magma.com
Historian	P/Cdr Larry Brown <u>AP</u> 820-1795
Records Officer	David Goddard S 728-0633, dgoddard@magma.ca
Past Commander	P/Cdr Chris Brown S 521-9411 christophgb@hotmail.com

## Past Commanders

1964-1966	James B. Milne
1966-1968	Earnest E. Criddle
1968	Peter Wilson
1968-1970	William K. McConnell
1970-1972	Paul C.M. LaDelpha
1972-1973	Arthur N. Huddleston
1973-1974	George W. Booker
1974-1976	Ralph C. Smith
1976-1978	Ellen Devine
1978-1979	Edward Wiggs
1979-1980	Jack Buchanan
1980-1981	Kenneth Findlay
1981-1983	Jim Craig
1983-1985	Wm. Newlands
1985-1987	Stuart McNeely
1987-1988	K. Joan Feltham
1988-1990	Howard G. Peck
1990-1992	Larry Brown
1992-1993	Alex Falkner
1993-1996	Elaine Gregory
1996-1997	Ed Gauthier
1997-1999	Chris Borgal
1999-2000	Bruce Henderson
1999-2000	Laura Seidl
2000-2001	Jessica Austria-Henderson
2001-2002	Rino Thériault
2002-2003	Chris Brown

## Squadron General Information

Mailing Address:	<b>Britannia Power &amp; Sail Squadron</b> 1217 Stanton Road Ottawa ON K2C 3C9
General Inquiries:	(613) 226-2964 - Fred Herrndorf, XO
Web Page URL:	<a href="http://www.storm.ca/~bpsscps">http://www.storm.ca/~bpsscps</a>
Email Address:	<a href="mailto:bpsscps@storm.ca">bpsscps@storm.ca</a>

# Report of the **Britannia** Power and Sail Squadron Nominating Committee 2005-2006

To the Members of the Britannia Squadron

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1. The Squadron Nominating Committee nominates the following Members for the election as Squadron Officers for 2005-2006:

Commander (Cdr)	Fred Herrndorf	Nepean
Executive Officer (Lt/C)	Jean Dupuis	Embrun
Training Officer (Lt/C)	Vacant	
Secretary (1 <sup>st</sup> Lt)	Valerie Hume	Ottawa
Treasurer (1 <sup>st</sup> Lt)	Vacant	
Public Rel. Off. (1 <sup>st</sup> Lt)	Elaine Gregory	Ottawa
MAREP /Safety Off. (1 <sup>st</sup> Lt) & Assistant Training Officer	John T Partington	Chelsea
Membership Officer (1 <sup>st</sup> Lt)	Robert Dandurand	Ottawa
Supply & Regalia Off. (1 <sup>st</sup> Lt)	Vacant	
Historian & Port Capt'n & P/Cdr	Nels Hardy	Ottawa

2. The Squadron Nominating Committee also nominates the following Members for election as Squadron Officers, with the rank of First Lieutenant, who, if elected, will have the duties indicated next to their names assigned to them by the Squadron Executive Committee pursuant to Squadron Regulation 6.2.1(d):

Assist. Training Off. (1 <sup>st</sup> Lt)	Vacant	
Comm. Officer (1 <sup>st</sup> Lt)	Vacant	
Activities Officer (1 <sup>st</sup> Lt)	Vacant	
Records Officer (1 <sup>st</sup> Lt)	David Goddard	Ottawa

3. The Squadron Nominating Committee also nominates the following Member for appointment by the Members as Auditor of the Squadron:

Auditor	Steve Testart	587 Bourne Place, Kingston
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# **Britannia** Power and Sail Squadron

## **41st ANNUAL GENERAL MEETING**

**Britannia Yacht Club**

**Thursday, April 28<sup>th</sup>, 2005**

**20h00**

### **AGENDA**

**(Following Charles T. Low's Boat Docking Presentation starting at 19:00)**

1. Roll Call
2. Notice of meeting
3. Minutes of the 40<sup>th</sup> Annual General Meeting held April 29, 2004
4. Business arising from the Minutes
5. Treasurer's Report
6. Reports of the Officers
7. Report of the Squadron Nominating Committee
8. Election of Officers
9. Squadron Change-of-Watch
10. New Business
11. Next meeting
12. Termination

### **Special Presentation**

19:00 28<sup>th</sup> Apr 2005

### **“Boat Docking”**

By

Charles Low

Prior to the Annual General Meeting at the  
Britannia Yacht Club

A rare opportunity to learn how to get alongside  
and secured gracefully

To better understand the dynamics of a boat's  
motions under the influence of all the forces  
exerted upon

# Commander's Message

It's that time again, and those who are fortunate enough to have a boat can look forward to getting back on the water. Our AGM will take place on April 28, please look at the details and do try and be there.

This will be my last year as Commander and I leave the position in the capable hands of Fred Herrndorf. It's been a pleasure to serve the Squadron for the past two years and I thank all the Bridge members for their support and help.

Unfortunately the Bridge has two important positions that are presently vacant for the 2005/2006 year. We need a Training Officer and a Treasurer.

With 268 members I feel sure that someone will volunteer to fill these positions. As I have pointed out many times, this is your Squadron and cannot survive without your support.

My best wishes for warm days and good winds for all the summers to come.

Nels Hardy Cdr.

## There she Schoons

Every time I mention going to Maine in the Spring to sail on one of the Maine Windjammer Cruises schooners (usually the J&E Riggan) or we come upon one on the Saint Lawrence, my sailing buddy Burt likes to tell me, again, that Americans developed the schooner rig and that the design got its name when a captain Robinson of Gloucester invented the schooner and launched the first vessel of that type in the early 1700s (1713, I found out). Burt waxes eloquently and insists the name of the type supposedly derived from some bystander crying out "Oh, how she schoons" (as a stone skips on water) as the ship slid down the ways and into the water. Robinson would have said, "Then, a schooner let her be," and broke a bottle of rum on her bow. Before long, most of Gloucester and Essex shipbuilding was confined to schooners. Schooners are defined as vessels with two or more masts with the mainmast the same height or taller than the foremast.

Curious, I went to the Web (<http://www.seaways.com/subarc99/filerasp.htm>) to find out more. It appears that a print was published by Van de Velde (died 1707) titled "A Brisk Gale" in which four schooner rigged boats are in the foreground. The vessels have a fore and aft mainsail, a smaller foresail and a jib. There is also a print by Jan Kip dated 1697 and collected in *Nouveau Theatre de la Grande Bretagne* (1708). This vessel is a double ender with the schooner rig as described above.

In both of these prints, two significant differences exist from what we consider a schooner rig today, although they are still

within the bounds of the definition and sometimes appear in American vessels of this type. The first is that neither the main or the foresail have a boom and the second is that the gaff on both the main and foresail are very short so that the sails have very small areas aloft. Where the introduction of the boom and long gaff took place I don't know at this point.

From

<http://www.webroots.org/library/usaref/doa00007.html>

I found the following: "Webster and Todd derive this word from the German schoner, which means the same; but on examining the German dictionaries we find the word written schooner, schoner, and schuner, and characterized as English."

As much as Burt's story is interesting, I'm afraid it doesn't hold up to close examination. Or does it?



by Robert Dandurand

"For the truth is that I already know as much about my fate as I need to know. The day will come when I will die. So the only matter of consequence before me is what will I do with my allotted time. I can remain on shore, paralysed by fear, or I can raise my sails and dip and soar in the breeze"

Richard Bode

# CANADIAN POWER AND SAIL SQUADRONS

ESCADRILLES CANADIENNES DE PLAISANCE



## RIDEAU DISTRICT NOTICE OF ANNUAL GENERAL MEETING

Take notice that the Annual General Meeting of Rideau District will be held at the McIntosh Country Inn, Morrisburg, Ontario on Saturday 2005 April 30 at 1430 for the purposes of: a) receiving and, if thought fit, approving the Reports of the Officers of the District; b) receiving and, if thought fit, approving the Financial Statements of the District for the twelve month period ending 2005 March 31 and the Report of the District Auditor thereon; c) electing the Officers of the District; d) appointing the District Auditor; e) considering such further other business as may properly come before the Meeting. Dated: 2004 February 23

The report of the District Nominating Committee is attached to, and forms part of, this Notice. Under the District Regulations any further nominations must be made by way of a petition, in writing, signed by not less than 5 members of the District who shall confirm the consent of their nominee to stand for election. The petition must be filed with the District Secretary not less than 2 days prior to the Meeting.

Dated: 2005 February 27 Signed "Kathleen Hopkins", District Secretary

## REPORT OF THE DISTRICT NOMINATING COMMITTEE

1. The District Nominating Committee nominates the following members for election as District Officers for 2005/6

District Commander (D/C)	Barry Brown (Brockville)
District Executive Officer (D/Lt/C)	Jean-Yves Bordeleau (Cornwall)
District Training Officer (D/Lt/C)	Bill Kerr S (Ottawa)
District Administrative Officer (D/Lt/C)	Linda Hamilton <u>AP</u> (Ottawa)
District Secretary (D/Lt)	To be announced
District Treasurer (D/Lt)	Don Tanner <u>AP</u> (Ottawa)
District Marketing Resource/Pub.Rel.Off. (D/Lt)	Bernie Goulet (Ottawa)
District Liaison Officer, Parks Canada (D/Lt)	Fred Peterson S (Kingston)
District Membership Officer (D/Lt)	To be announced
District MAREP Officer (D/Lt)	To be announced
District Environmental Officer (D/Lt)	Hans von Rosen <u>AP</u> (Rideau Lakes)
District Communications Officer (D/Lt)	Barry Brown (Brockville)
District Assistant Admin Officer (D/Lt)	Marnie McNeely (Kingston)

2. The District Nominating Committee also nominates P/D/C Marilyn Gowan, S as District Auditor.

Respectfully submitted,

P/D/C John Boocock JN  
(Chairman)

R/C Ron Hume JN

D/C Barry Brown

3. The District Nominating Committee for 2005/2006 will be: P/D/C John Boocock, JN (Chairman), P/D/C Ron Hume, JN and the D/C nominate.

4. Upon election, the District Commander appoints the following Staff Lieutenants:

P/D/Lt/C Joan Feltham, AP (Britannia)  
To be announced

USPS District 6 Liaison Officer  
District Port Captain



# CANADIAN POWER AND SAIL SQUADRONS

## RIDEAU DISTRICT




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### 34th ANNUAL DISTRICT CONFERENCE FRIDAY-SATURDAY, 2005 April 29 – 30

<b>PLACE:</b>	McIntosh Country Inn, 12495 County Road 2, Box 1140, Morrisburg, Ontario, K0C 1X0		
<b>PROGRAM:</b>	Friday	Informal no host Dinner followed by Hospitality Suite	McIntosh Country Inn Restaurant Dundas Room
	Saturday:	0930 Coffee 1000 Annual Training Meeting 1200 Conference Lunch - Speaker, TBA 1430 Annual General Meeting 1700 Commander's Reception 1830 Conference Dinner*	McIntosh Room McIntosh Room McIntosh Room McIntosh Room McIntosh Room Dundas Room (Hospitality Suite) McIntosh Room
<b>COSTS:</b>	Accommodation:	\$65.00 per night (Corporate Rate)	
	Meals:	Conference Dinner*	\$23.00 per person (Cdn) (\$16.00 US funds)
		Conference Lunch	\$10.00 per person (Cdn) (\$8.00 US funds)

\*Menu – Salad, Prime Rib, Potatoes, Vegetables, Apple Won-Ton Cheesecake

#### RESERVATIONS:

#### CONFERENCE MEALS:-

Please make reservations with Rideau District by mailing the tear-off form below. Conference reservations should be received no later than 2005 April 22.

#### ACCOMMODATION: -

Contact the McIntosh Country Inn by mail (address above), by phone 613-543-3788, 1-888-229-2850, Fax 613-543-3160 or e-mail [info@mcintoshcountryinn.com](mailto:info@mcintoshcountryinn.com). (As this is a very popular location, rooms will be booked on a first come, first served basis.)

**DRESS:** - Cool season uniform, Blazer ensemble, or smart casual.

**EARLY BIRD DRAW:** 2 Dinner Tickets (Drawn from reservation forms received by April 15)

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### MEAL RESERVATION FORM

Mail this completed form with remittance by 2005 April 19 to:

D/Lt/C Linda Hamilton Tel: 613 824-1362  
290 Kennedy Lane E. Orleans, ON K1E 3M4

I enclose my cheque payable to Rideau District in the amount of \$\_\_\_\_\_ to reserve \_\_\_ Conference Lunch(es) and/or \_\_\_ Conference Dinners. I understand that monies cannot be refunded if I cancel after April 22.

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_

Province or State \_\_\_\_\_ Postal or Zip Code: \_\_\_\_\_ Squadron: \_\_\_\_\_

\*Dietary Issues? – please tell us \_\_\_\_\_



Toward the end of a blissful cruise Burton and I almost sailed onto a rocky shoal. We had examined the chart before weighing anchor. We were also well-rested and well-hydrated. How can one account for this near disaster? I recall that we were both on a “high” following

an exciting passage from Main Duck Island into the upper St. Lawrence River. Even the spectre of large boulders from fathoms below, which should not have been there, didn’t alert us. The scenery was so beautiful, and the quarter reach so perfect. We were totally “on cloud nine”.

Is there a lesson here? Can a case be made for considering that supreme enjoyment, those marvellous magic moments while sailing, may actually be hazardous?

The key element to consider is attentional focus. Before retirement, I spent considerable time studying top performers in both sport and music. These talented, well-trained, and well-rehearsed individuals reported that they sometimes experienced “highs” during performance. In this state performing felt effortless, time seemed to slow down, and there was a great feeling of joy. They also told me that if they allowed themselves to just go with this “flow” their subsequent performance would quickly be in trouble. Their advice was that during performance attention must always be focused on the immediate task, and on one’s intentions for what comes next. The implication of this is that safe boating requires a consistent task focus.

But most of us are not top performers. Many boaters go out on the water to relax. They want to escape from the serious task focus required at work, and at home, for those with busy children or elderly relatives.

I believe that the sharply focused state necessary for safe boat handling does not necessarily preclude relaxed enjoyment. There are two ways for this to happen. First, when skipper and crew are well-trained, “watches”( groups ) can be organized, even for a

day-sail, so that those on one watch will attend fully to navigation and safe boat handling for an hour or so, while those on the other watch may relax and fully enjoy themselves until it is their turn to take control of the boat.

A second way to coordinate well-focussed safe boating and enjoyment of the experience is particularly necessary for the single-hander. This method requires that while underway definite tasks be accomplished on a regular basis, perhaps every half hour or hourly. A simple wristwatch alarm could be used to “awaken” the boat operator from the pleasure state one can slip into during a period of trouble-free boating. Then a visibly placed checklist would remind the operator to accomplish one or several tasks, each requiring a change in attentional focus. Tasks might include tuning into VHF channel 16, listening to the weather report, studying the sky and noting changes in cloud formation, checking and recording barometric pressure, obtaining and recording a fix, checking soundings against those on the chart, drinking a non-alcoholic beverage, moving about and doing some squats and shoulder shrugs, and generally refreshing oneself.

The importance of periodic change to keep well-focussed has been noted by the esteemed nautical author Patrick O’Brien as follows:

*“the immutable sequence of bells, relief of the watch, meals and grog, divisions, and mustering of the watch, kept them in touch with a certain reality ( Blue at the Mizzen, P. 146 )”.*





# CANADIAN POWER AND SAIL SQUADRONS

## RIDEAU DISTRICT

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### 2005 RIDEAU DISTRICT SUMMER PICNIC

Sunday, 15 th August

Don and Nan Bells Property at Rideau Ferry ON



Rideau District of CPS/ECP is fortunate once again to be able to hold its Annual Picnic at one of the nicest waterside locations there is.

The format this year is again a social one. It is for all CPS members in District. It won't cost you anything to attend (but you do have to bring your own barbecuable food) and you don't even have to book! Come by water or by road.

#### DETAILS:

#### GETTING THERE:

Make your way to Lombardy. Take the road west to Rideau Ferry. Rideau Ferry is about 4.5 miles (7km) from Lombardy. Don and Nan live on the east side of the Rideau Ferry Bridge on the north side of the road. There will be a roadside sign to guide you to the correct driveway. Keep driving until you see the gang.

Noon to Sundown

#### FACILITIES:

Dockage: -please call Don Bell at 1-613-283-5145 or e-mail [donbell@ripnet.com](mailto:donbell@ripnet.com) to confirm that there will be room and water depth.

Swimming Pool

Overhead cover in case of rain.

Young children on docks or boats must wear PFDs or Lifejackets

#### ACTIVITIES:

Social.

#### MENU:

Bring your own steak etc. and favourite beverage. District will provide barbecues, corn, dessert, condiments, coffee and tea.

None needed! Just come.

#### CONTACT:

This notice was compiled before the date of the picnic was finalised. To find the date and for any other information, please contact Linda Hamilton at 1-613-824-1362 or closer to August

#### OTHER:

If you have room in your car or boat you may want to bring portable chairs and a table. Bring your own cutlery and plates if you don't like the plastic stuff.

#### DON'T KNOW ANYONE?

Seek out Linda Hamilton when you arrive and we'll see you get introduced.

# News from National Headquarters

March 2005



Safe Boating Week 2005 runs from Friday, May 20 to Friday, May 27 officially, and in most places through to Sunday, May 29th. Information packages will be sent to local media and to Squadrons/Districts at the end of March or the beginning of April.

Online Membership renewal will open Thursday April 7 2005 at [www.cps-ecp.ca](http://www.cps-ecp.ca).

Now available at Members Moorings <http://ecc.cps-ecp.org/ftpacc1.htm>

1. Environment Award Information (Go to National Committees: Environment Committee)
2. Boatwise Contest Note Card Contest (Go to Youth Committee)
3. Top 20 Entry Forms (Go to National Committees: Marketing & Public Relations)
4. MOU with the Great Lakes Cruising Club, USPS and CPS (Go to Minutes of Meetings, Governing Board)
5. "CPS Brings You Back National Boat Show Campaign & Holiday Contest" ballots, rules and posters (Go to National Committees: Marketing & Public Relations)
6. Online Course Brochures (Go to National Committees: Marketing & Public Relations)
7. Spring PROMOTO - English (Go to PROMOTO)
8. French Minutes of the October 21, 2004, Governing Board Meeting (Go to Minutes of Meetings)
9. Updated information on the Members Boat Insurance Program (Go to Member Benefits)

The Communications Committee is pleased to announce S/C Brigitte Giguère JN has agreed to become Editor of Le Hublot. Anyone who would like to submit an article in French or photos for publication in Le Hublot can email her at [brigittegiguere@ca.inter.net](mailto:brigittegiguere@ca.inter.net). Please note that English items for Port Hole should still be sent to P/R/C Joan Eyolfson Cadham [porthole@cps-ecp.org](mailto:porthole@cps-ecp.org).

R/C Catherine McLeod P  
National Communications Chair